To find a spiritual director, look through the following list and see if there are a few directors that sound like they might be a good fit for you. Then contact one, or two, to set up an initial meeting. At that meeting, you can ask the person any questions, such as how she or he does direction. If it seems like a good fit, stay with that person. If you would like to interview a couple of other directors first and then decide, that is also fine. Everyone on this list understands that you may be talking to several directors before you commit to one. Most of the directors on the list work on campus and will not charge for spiritual direction. Other directors on the list who do not work at Notre Dame, but serve as directors in the wider community, may request a fee for direction. If they do, you will negotiate that with them directly.

If you would like assistance in finding a spiritual director, or for any questions, please contact Fr. Frank Murphy, C.S.C. who coordinates the spiritual direction program: fmurphy4@nd.edu or 574-631-5242.

SPRITUAL DIRECTORS ON CAMPUS:

MARGIE PFEIL

Current position: Joint Appointment, Theology Department and the Center for Social Concerns
Contact: mpfeil1@nd.edu; 574-520-7745 (cell)

I trained in spiritual direction with the Shalem Institute, with an emphasis on contemplative spirituality, and I have been practicing direction formally with students, staff, and members of the local community for five years. I am a member of the local Catholic Worker community. My husband and I have been participating in ecumenical dialogue for many years, and I have particular ties as a Roman Catholic to the Mennonite tradition.

REV. JEFFREY COOPER, C.S.C.

Current position: Director of Postulants, Moreau Seminary, Adjunct Assistant Professional Specialist, Theology Dept.
Contact: jcoope14@nd.edu

I was certified as a Spiritual Director through the Hesychia School of Spiritual Direction sponsored by the Redemptorists at Picture Rocks Retreat Center in Tuscon, AZ (2004). I also hold a Ph.D. in Christian Spirituality (2011) specializing in medieval mysticism, spiritual identity formation and the thought of Meister Eckhart and Thomas Merton. I have been ministering as a spiritual director for over 14 years. My particular areas of expertise include: discernment (vocational and life stages), contemplative prayer forms (Centering, Lectio, etc.), developing one's contemplative dimension, monasticism, spiritual practices, and listening and awareness in order to find God in ordinary mystical experiences. In my 23 years as a Holy Cross religious and priest I have served in parochial ministry, religious formation, retreat directing, days of recollection and parish missions, and in academics both as a scholar and teacher of theology.
**Faculty Spiritual Directors**

**REV. MIKE CONNORS, C.S.C.**

**Current position:** Associate Professional Specialist and Director, John S. Marten Program in Homiletics and Liturgics, Dept. of Theology  
**Contact:** mconnors@nd.edu; 574-631-3006 (office)

I am a Catholic priest in the Congregation of Holy Cross. I have some background in spirituality and spiritual direction, pastoral theology, and parish ministry. My approach to direction has probably been most influenced by the Ignatian tradition. I think much of spiritual direction is about careful listening, especially early on.

**REV. BRIAN DALEY, SJ**

**Current position:** Professor, Department of Theology  
**Contact:** Brian.E.Daley.3@nd.edu

I am a Jesuit priest, and a professor of theology at Notre Dame, specializing in the early Church. Before coming to Notre Dame, 21 years ago, I taught at the Weston Jesuit School of Theology in Cambridge, MA, for 18 years. I have given many Ignatian retreats - to groups and individuals - and have offered spiritual direction to many men and women, of various ages and vocations, over the years. I understand spiritual direction mainly as a kind of spiritual conversation, focused on our experience of prayer and our sense of God's presence in our daily lives.

**SR. MARY LYNCH, SSJ**

**Current Position:** Rector, McGlinn Hall  
**Contact:** mlynch5@nd.edu

I am a Sister of Saint Joseph from Philadelphia, PA. I have a master’s degree in Holistic Spirituality and Spiritual Direction from Chestnut Hill College in Philadelphia. I coordinate the silent directed retreats here at Notre Dame, and I direct silent directed retreats during the summer at my congregation’s retreat house, St. Mary-by-the-Sea in Cape May Point, NJ.

**REV. NICHOLAS AYO, C.S.C.**

**Current position:** Emeritus Faculty, PLS  
**Contact:** nayo@nd.edu

I have been a Holy Cross priest for over fifty years and have walked with many people as a spiritual director during those years. In addition to teaching on the PLS faculty at Notre Dame, I served as the Director of Novices for Holy Cross. I see this ministry more as spiritual conversation than direction.
**REV. JOHN HERMAN, C.S.C.**

**Current position:** Rector, Moreau Seminary  
**Contact:** jherman9@nd.edu; 574-631-5242 (office)

I am a Holy Cross priest serving in our formation program for future religious and priests of the Congregation of Holy Cross. I have served primarily in parish ministry in Arizona and Mexico but also for a time in Campus Ministry at Notre Dame and as the Rector of O’Neill Hall. I have been blessed to accompany a variety of lay people and religious in spiritual direction, primarily in those parish settings, and to do what I can to help individuals foster a deeper relationship with God.

**TAMI SCHMITZ**

**Current position:** Associate Director of Pastoral Care  
**Contact:** Schmitz.8@nd.edu; 574-631-3016 (office)

I have been in Campus Ministry at the University of Notre Dame for 20 years. My ministry has mostly focused on spiritual formation and pastoral care. I have worked mainly with students, but have also served as a spiritual resource for several areas of campus including ACE, the Remick Leadership Program, Moreau Seminary, the Center for Social Concerns, the M. Div program, the McGrath Institute for Church Life and the Mendoza College of Business. I welcome the opportunity to serve as a spiritual guide no matter where someone finds themselves on the journey of faith. I have particular experience in the areas of grief and discernment and I am trained in Ignatian Spirituality. I received my certification in Spiritual Direction from Creighton University and my master’s degree in Pastoral Studies from Loyola University, Chicago. I consider accompanying others as they recognize God’s hand in the different rhythms of their life.

**REV. FRANK MURPHY, C.S.C.**

**Current position:** Coordinator of Faculty Chaplaincy and Pastoral Care  
**Contact:** fmurphy4@nd.edu; 574-631-5242 (office)

I am a Holy Cross priest and have been offering spiritual direction for over twenty years. In addition to coordinating the faculty chaplaincy, I also coordinate the Spiritual Director’s program on campus. I spent two years in training in spiritual direction, and in the guiding of the Spiritual Exercises of St. Ignatius and directed retreats, at Loyola House, Guelph, Ontario. After many years in East Africa in pastoral work and in the formation of Holy Cross seminarians and brothers in the spiritual life, I worked as a spiritual counselor at the University of Portland. I have accompanied many people in East Africa and North America in spiritual direction, the Spiritual Exercises of St. Ignatius, and I have directed both group and individual retreats. I find that accompanying others at the place where they meet God is an experience of being on holy ground.
KARLA BELLINGER

Current position: Associate Director of the John S. Marten Program in Homiletics and Liturgics, Department of Theology
Contact: kbelling@nd.edu; 574-631-2653

I am a gardener, a wife, and a mother of five young adults. Just as I nurture my tomato plants and my family, I am most interested in helping people to flourish. I have been at Notre Dame for three years; my current role is to help Catholic clergy to flourish in their preaching, especially by growing more attentive to the needs of their listeners. As a theologically educated Catholic lay woman, over the past twenty years, I’ve given retreats and workshops on integrating prayer into everyday moments, contemplation, connecting life and spirituality, handling grief. I have spiritually accompanied people in many and diverse ways, as something of a jack of all trades, having a background in hospital chaplaincy, coaching soccer and volleyball players, training youth ministers, teaching parenting skills, and praying with students. Spiritual direction, in my vision, is allowing the Holy Spirit to fill us and feed us and guide us as we grow together toward the Lord who is our Light.

REV. PAUL KOLLMAN, C.S.C.

Current Position: Associate Professor, Department of Theology
Contact: pkollman@nd.edu

I am an associate professor of theology and have been on the faculty at Notre Dame since 2001. I was in parish ministry in the US for three years before starting doctoral studies. I earned my PhD from the University of Chicago Divinity School, and a BA and MDiv from Notre Dame. My scholarship focuses on African Christianity, mission history, and world Christianity, and I have taught and carried out research in Africa and in archives around the world. I previously served as executive director of Notre Dame’s Center for Social Concerns. A native of Cincinnati, Ohio, I live in O’Neill Hall. I have served in the formation program for Holy Cross in eastern Africa and as a spiritual director for people in the Notre Dame community for several decades, including Holy Cross religious in formation.
MARY C. GALLAGHER

**Current position:** Retired nurse, chaplain  
**Contact:** pilgrimmcg@gmail.com  
**Stipend:** A donation you can afford

Spiritual Direction, for me, is walking with another on their spiritual journey. This involves assisting another in deepening one’s awareness of the spirit at work in and around them through reflection on their life, beliefs, concerns and joys in an environment of acceptance.

As a Catholic Christian, wife, mother of seven adult children, grandmother, nurse, certified chaplain and trained spiritual director, I bring my life experiences as lived out in these roles on this journey as a fellow pilgrim. Since I live within walking distance of the campus, meetings are usually in my home.

ROBERT “BIFF” WEIDMAN

**Current position:** St. Peter Claver Catholic Worker community  
**Contact:** rweidman@hotmail.com; 574-287-1854 (cell)

I’ve offered spiritual direction for the past 25 years. Much of my work has been in urban ministry. Since 2007 I’ve shared in the life of the Catholic Worker community here in South Bend. Though Mennonite in background, I’ve enjoyed meeting with directees from many denominational traditions. Since 2002 I’ve been deeply involved in Bridgefolk, a grassroots movement of “sacramentally-minded Mennonites and peace-minded Roman Catholics”. It was through Bridgefolk that I met my wife, Margaret Pfeil, who teaches theology at Notre Dame. I also have a strong interest in Benedictine spirituality, and I am an oblate of St. Gregory’s Abbey in Three Rivers, MI. I received training in spiritual direction at Anabaptist Mennonite Biblical Seminary in Elkhart, IN. Areas of special interest include: finding and following a personal calling, discernment in daily life, spiritual practices in the everyday, cultivating compassion, simplicity of life, spiritual renewal at midlife and beyond.
SR. MARY ANN UEBBING, C.S.C.

Current position: Spiritual Director/Retreat Director/Supervisor  
Contact: muebbing@cscsisters.org; 574-284-5792 or 1-224-829-2002  
Fee: Negotiated with directee

I have worked as a spiritual director for over thirty years. I have been on the staff of the Holy Cross Sister’s retreat House at St. Mary’s campus, served as a spiritual director for a sabbatical program sponsored by Notre Dame, and done spiritual direction and retreat work with our Asian and African Holy Cross sisters. I have had directees from many backgrounds: married men and women, single people, college students, priests, religious sisters, brothers, seminarians, novices, mostly Catholic but also folks from other Christian denominations. I have a master’s degree in Theology and Christian Ministry and have served as the director of religious education and RCIA in a parish. My life has also lead me to live and work in Israel and Uganda.

As spiritual director I see that my role is to discern together how God is inviting the directee to a deeper relationship with Him. I offer affirmation and encouragement as well as challenges to be transparent and open before God, that is, to see more clearly the truth about oneself as both gifted and weak, and intimately loved by God. It is my hope that the directee experiences a profound encounter with God and comes to a greater clarity about one’s personal mission of being who God created him/her to be in this life.