SPIRITUAL DIRECTION

Spiritual Direction/Pastoral Support
University of Notre Dame
2015 - 2016
Spiritual Direction is one of the most important things you can do for yourself. Paying attention to God with the help of a spiritual companion can make an important difference in all areas of your life. Finding the “right” Spiritual Director for you is an important part of the Spiritual Direction process. Here are some suggestions to help you with your search:

1. First, ask yourself WHAT needs the most attention in your spiritual life right now. Prayer life? Vocational discernment? Relationship or family issues? Integrating faith into your daily life? These are just some of the more common areas that are focused on during spiritual direction.


3. Once you have narrowed that down, look over our list of spiritual directors. Read through their biographies and see who is a potential good “fit” for you.

4. If you need assistance finding a spiritual director, please contact Ed Mack at emack1@nd.edu. OR, you may also choose one or two (or maybe more) directors and email them directly to set up an initial meeting. If they are on our list, they will not be surprised to receive your email! And just because you reach out to them does not mean you have to choose them. When you meet them, ask them about their approach to spiritual direction (each director brings his or her own unique style and method to direction). They will also ask you questions about what you are looking for and get to know you better as well.

5. GO FOR IT! After you meet the directors, choose one and set up your first OFFICIAL spiritual direction meeting. Sometimes it takes a little while to feel totally comfortable with one another. Good relationships take time and the building of trust so be patient. It will be worth it.

SOMETIMES YOU JUST NEED TO TALK...

There may be times when you need guidance or support in dealing with specific pastoral issues or concerns. Some of these may include relationships, sexual identity, grief and loss, and vocational discernment. You may want to meet with someone just once or a few times to discuss the issue. Ed Mack is happy to assist you in finding the appropriate person. Please email him at emack1@nd.edu.
At Notre Dame we are blessed to have many students seeking direction in their lives, and many generous staff who are willing to be guides for them. Some of these guides are professionally certified Spiritual Directors, and others have a pastoral background in guiding young people on their journeys of faith. **Those who are professionally certified have asterisks by their names on this page.** This certification is also noted in the bottom of their biography boxes next to their pictures.

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</table>
Name: Rev. Jim Bracke, C.S.C.  
Title: Support Staff Chaplain  
Hometown: Moline, Ill.  
Education: B.A., Sociology, M.Th. (Notre Dame), Certified in Spiritual Direction and Pastoral Care  
Contact: james.a.bracke.4@nd.edu  
Areas of Specialty: Contemplative prayer, meditation, Jesuit spirituality  
Availability: Open to all for daytime spiritual direction  
*Certified Spiritual Director

Name: Rev. Joe Corpora, C.S.C.  
Title: Director, University-School Partnerships, ACE  
Hometown: Easton, Pa.  
Education: M. Div. (Notre Dame)  
Contact: jcorpora@nd.edu  
Availability: Open to all for ongoing spiritual direction

Name: Rev. Lou Delfra, C.S.C.  
Title: Associate Professional Specialist, ACE  
Education: M. Div. (Notre Dame)  
Contact: delfra.2@nd.edu  
Availability: Open to all for one time or ongoing spiritual direction
Name: Rev. Paul Doyle, C.S.C.
Title: Rector, Dillon Hall
Education: B.A., Economics, M. Div. (Notre Dame)
Contact: Paul.F.Doyle.43@nd.edu
Availability: Open to all for one time or ongoing spiritual direction

Name: Dan Faas
Title: Admissions Coordinator, Mary Ann Remick Leadership Program
Education: B.A., Journalism (Michigan State University), M.Ed. (Notre Dame)
Contact: dfaas@nd.edu, (734) 649-0716
Areas of Specialty: Undergraduate and graduate spiritual direction
Availability: Open to all for one time and ongoing evening and weekend spiritual direction

Name: Deacon Bill Gallagher
Title: Deacon, Sacred Heart Parish
Education: C.P.E. Diaconal Formation Studies
Contact: gallagherwj@gmail.com, (574) 220-2215 (cell), (574) 289-8986 (home)
Areas of Specialty: Family, grief, illness
Availability: Open to all for ongoing spiritual direction
Name: Mary Gallagher  
Title: Retired nurse and chaplain  
Education: BSN, Nursing (Barry University), M.A., Systematic Theology (Notre Dame)  
Contact: pilgrimmcg@gmail.com  
Areas of Specialty: Family, home health care, grief  
Availability: Open to all for one time or ongoing spiritual direction; easily accessible to those who prefer someone off campus  
*Certified Spiritual Director

Name: Patrick Graff  
Title: Assistant Director of ACE Teaching Fellows Program  
Hometown: Sacramento, Calif.  
Education: B.A., Philosophy and Chinese, M.Ed. (Notre Dame)  
Contact: pgraff@nd.edu  
Areas of Specialty: Marriage discernment, international and engineering students  
Availability: Open to couples on weekdays for one time or ongoing spiritual direction

Name: Rev. Greg Haake, C.S.C.  
Title: Assistant Professor of French  
Hometown: Kansas City, Mo.  
Education: B.A., M. Div. (Notre Dame), M.A., (Middlebury College), Ph.D. (Stanford University)  
Contact: ghaake@nd.edu  
(574) 631-0460  
Areas of Specialty: Vocational discernment  
Availability: Open to all for one time or ongoing spiritual direction
Name: Sr. MJ Hahner, CSFN  
Title: Rector Pasquerilla West Hall  
Hometown: Pottsville, Pa.  
Education: B.A., Elementary Education (Holy Family University), M.A., Administration (Villanova University), M. Div. (Catholic Theological Union)  
Contact: mhahner@nd.edu, (574) 631-5740  
Availability: Open to all for one time or ongoing spiritual direction  
*Certified Spiritual Director

Name: Bree Haler  
Title: Assistant Director of Outreach, Campus Ministry  
Hometown: Indianapolis, Ind.  
Education: B.A., Communication and Culture (Indiana University), M.A., Theology (Notre Dame)  
Contact: bhaler@nd.edu, (574) 631-2746  
Areas of Specialty: Relationships  
Availability: Open to all; weekday availability for one time or ongoing spiritual direction

Name: Michael Hebbeler  
Title: Program Director, Advocacy and Discernment, Center for Social Concerns  
Hometown: Cincinnati, Ohio  
Education: M.A., Theology (University of Dayton)  
Contact: mhebbele@nd.edu, (574) 631-5779  
Areas of Specialty: Social justice; postgraduate discernment  
Availability: Open to undergraduate students for one time or ongoing spiritual direction
Name: Sarah Heiman  
Title: Rector, Lyons Hall  
Hometown: Chester, Neb.  
Education: B.A., Religious Studies, M.Div. (Yale University)  
Contact: sheiman@nd.edu, (574) 631-6575  
Areas of Specialty: Interfaith  
Availability: Open to undergraduate and graduate students for one time or ongoing spiritual direction

Name: Deacon Matt Hovde, C.S.C.  
Title: Assistant Rector, Sorin Hall, Campus Ministry Chaplain  
Hometown: Miami, Fla.  
Education: B.A., History and Theology, M.Div. (Notre Dame)  
Contact: mhovde@nd.edu, (574) 631-3390  
Areas of Specialty: Vocational discernment  
Availability: Open to undergraduate students for one time or ongoing spiritual direction

Name: Jessica Keating  
Title: Program Director, Human Dignity and Life Initiatives  
Hometown: Potomac, Md.  
Education: M. Div., Level One Catechesis of the Good Shepherd  
Contact: Jessica.F.Keating.34@nd.edu, (574) 631-9781  
Areas of Specialty: Ignatian spiritual tradition  
Availability: Open to undergraduate students for one time or ongoing spiritual direction
Name: Emily Lazor  
Title: Associate Director of Pastoral Life, ACE  
Hometown: Bel Air, Md.  
Education: B.A., Theology, Religious Studies, Latino Studies, M.Ed. (Notre Dame)  
Contact: elazor@nd.edu  
Areas of Specialty: Female and multicultural spirituality and discernment  
Availability: Open to undergraduate students for ongoing spiritual direction

Name: John Paul Lichon  
Title: Assistant Director for Retreats and Pilgrimages and Spirituality, Campus Ministry  
Hometown: Naperville, Ill.  
Education: M.A., Theology (Notre Dame)  
Contact: jlichon@nd.edu, (574) 631-9738  
Availability: Open to all for one time or ongoing spiritual direction

Name: Katy Lichon, Ph.D.  
Title: Faculty, Alliance for Catholic Education Service through Teaching and ACE English as a New Language Program  
Hometown: League City, Texas  
Education: B.B.A., Marketing and Management (Baylor University), M.A., Education (Notre Dame)  
Contact: kwalter5@nd.edu  
Availability: Open to undergraduate students for one time or ongoing spiritual direction
Name: Rev. Bob Loughery, C.S.C.
Title: Rector, Sorin Hall
Hometown: Indianapolis, Ind.
Education: B.A., Architecture, M. Div. (Notre Dame)
Contact: rlougher@nd.edu, (574) 631-1287
Availability: Open to all; late morning and afternoon availability for one time or ongoing spiritual direction

Name: Sr. Mary Lynch, SSJ
Title: Rector, McGlinn Hall
Education: M.A., Holistic Spirituality and Spiritual Direction (Chestnut Hill College), M.A., Liturgical Studies (Notre Dame)
Contact: Mary.Lynch.71@nd.edu
Availability: Open to all for ongoing spiritual direction
*Certified Spiritual Director

Name: Ed Mack
Title: Assistant Director, Pastoral Outreach, Campus Ministry
Hometown: Cleveland, Ohio
Education: B.A. (University of Louisville), M.A. (Baldwin-Wallace University)
Contact: emack1@nd.edu, (574) 631-3761
Availability: Open to all for one time or ongoing spiritual direction
Name: Garrett Mandeville  
**Title:** Senior Associate Director of ACE Advocates and Director of ACE Chile  
**Hometown:** Spokane, Wash.  
**Education:** B.A., Psychology, Spanish, M.A., Education (Notre Dame)  
**Contact:** gmandevi@nd.edu, (574) 631-7804  
**Availability:** Open to undergraduate students for one time or ongoing spiritual direction

Name: Rev. Pete McCormick, C.S.C.  
**Title:** Director, Campus Ministry  
**Hometown:** Grand Rapids, Mich.  
**Education:** B.S., Biology, M. Div., MBA (Notre Dame)  
**Contact:** pmccorm1@nd.edu  
**Availability:** Open to undergraduate students in the afternoon for one time spiritual direction

Name: Margaret Morgan  
**Title:** Director for Residential Life: Rector Recruitment  
**Hometown:** Baton Rouge, La.  
**Education:** M.Ed., M.Div. (Notre Dame)  
**Contact:** mmorgan2@nd.edu  
**Availability:** Open to all students for one time or ongoing spiritual direction
Name: Rev. Rob Moss, C.S.C.  
Title: Spiritual Director and Confessor at Moreau Seminary  
Hometown: Helena, Mont.  
Education: M.A., European Studies, M.Th. (Notre Dame), M.A., Counseling, M.Ed. (Loyola, Chicago)  
Contact: (574) 631-8403  
Availability: Open to all students for ongoing spiritual direction

Name: Darrell Paulsen  
Title: Director of Development  
Hometown: Auburn, Mass.  
Education: B.A., Psychology, Religious Studies, M.A., Rehabilitation Counseling (Assumption College), M.Div. (Notre Dame)  
Contact: Darrell.R.Paulsen.1@nd.edu  
Availability: Open to all for one time or ongoing spiritual direction

Name: Brett Perkins  
Title: Assistant Director, Sacramental Preparation, Campus Ministry  
Hometown: Cerro Gordo, Ill.  
Education: B.B.A., M.A. (Notre Dame)  
Contact: brett.perkins@nd.edu, (574) 631-3250  
Areas of Specialty: Questions about Christianity, Catholic discernment  
Availability: Open to all for one time or ongoing spiritual direction
Name: Rev. John Santone, C.S.C.
Title: Adjutant Judicial Vicar, Diocese of Ft. Wayne-South Bend
Hometown: Waterbury, Conn.
Education: B.A., Philosophy, M.Div., Theology, J.C.L., Canon Law
Contact: jsanton1@nd.edu, (574) 631-8285
Availability: Open to undergraduate and graduate students in the spring semester throughout the week from 1 to 7 p.m. for ongoing spiritual direction

Name: Rev. Kevin Sandberg, C.S.C.
Title: Assistant Director, Center for Social Concerns
Hometown: Palm Beach Gardens, Fla.
Education: B.A., M.Div. (Notre Dame), M.A. (Jesuit School of Theology), Ph.D. (Fordham University)
Contact: ksandberg@nd.edu, (574) 631-6678
Availability: Open to all for one time or ongoing spiritual direction

Name: Andrew Polaniecki
Title: Director of Campus Ministry, Holy Cross College
Hometown: Chicago, Ill.
Education: B.A., Philosophy and Environmental Science (Notre Dame), M.A., Religious Studies (Loyola, New Orleans)
Contact: apolaniecki@hcc-nd.edu, (574) 239-8315
Areas of Specialty: Relationships, Vocational discernment
Availability: Open to all for one time or ongoing spiritual direction
Name: Tami Schmitz  
**Title:** Associate Director, Student Ministry, Campus Ministry  
**Hometown:** Forestville, Wis.  
**Education:** B.A. (St. Norbert College), M.A. (Loyola, Chicago), Spiritual Direction Certification (Creighton University)  
**Contact:** Schmitz.8@nd.edu  
**Areas of Specialty:** Ignatian spirituality, grief, discernment  
**Availability:** Open to all for one time or ongoing spiritual direction  
*Certified Spiritual Director*

Name: Megan Shepherd  
**Title:** Associate Director, Notre Dame Vision  
**Hometown:** Pittsburgh, Pa.  
**Education:** B.S., Pre-professional Studies and Theology, M.Div. (Notre Dame)  
**Contact:** mshephe2@nd.edu  
**Areas of Specialty:** Ignatian spirituality  
**Availability:** Open to all for one time or ongoing spiritual direction  
*Certified Spiritual Director*

Name: Mamie Smith  
**Title:** Rector, Pasquerilla East Hall  
**Hometown:** Watertown, Wis.  
**Education:** M.Div. (Notre Dame)  
**Contact:** msmith48@nd.edu, (574) 631-7200  
**Areas of Specialty:** Ignatian spirituality, vocational discernment, Marian spirituality  
**Availability:** Open to all for one time or ongoing spiritual direction
Name: Sr. Kim Tran, O.P.
Title: Master of Divinity Student
Hometown: Vietnam
Contact: atran4@nd.edu or fiatkimanh@gmail.com
Areas of Specialty: First-year students and those who are in need
Availability: Open to all for one time or ongoing weekend spiritual direction

Name: Alec Torigian
Title: Assistant Director of ACE Teaching Fellows
Hometown: Minneapolis, Minn.
Education: B.A., Mathematics and Peace Studies (St. John’s University), M.Ed. (Notre Dame)
Contact: atorigia@nd.edu, (763) 238-8194
Areas of Specialty: Vocational discernment, multicultural spirituality
Availability: Open to all for one time or ongoing spiritual direction in the mornings and evenings

Name: Mike Urbaniak
Title: Assistant Director, Leadership Formation, Campus Ministry
Hometown: Toledo, Ohio
Education: B.A., Theology, M.Div. (Notre Dame)
Contact: murbania@nd.edu
Availability: Open to all for one time or ongoing spiritual direction
Name: Rev. Ron Vierling, M.F.C.
Title: Rector, Morrissey Manor
Education: M.A. (Angelicum University, Rome) M.Div. (Holy Apostles Seminary)
Contact: rvierlin@nd.edu, (574) 631-5160
Availability: Open to all for one time or ongoing spiritual direction

Name: Rev. Michael Wurtz, C.S.C.
Title: Holy Cross Priest
Hometown: Pocahontas, Ark.
Education: B.A., Theology, M.Div. (Notre Dame), M.A., Liturgical Studies (St. John’s), Doctoral Candidate, Liturgical Studies (San Anselmo, Rome)
Contact: mwurtz@nd.edu
Availability: Open to all during the day throughout the week for one time or ongoing spiritual direction
Walk with me, good and loving God, as I journey through life.

May I take your hand and be led by your Holy Spirit.

Fill me, inspire me, free me to respond generously to your call.

For I believe you desire my deepest joy, and it is only in your company that my soul will be satisfied and my life will find its meaning and purpose.

Amen.